



Personal Touch

Here's a great idea for holiday season gifts. Jewelry designer Samantha Lim is running workshops in October to pass on her techniques and tips for creating your own beautiful and unique pieces. A variety of styles covered and all materials are provided.

300RMB/workshop 10am-12:30pm/Oct 16, 17 and 24. Studio No 5, Lane 169 Jiahua Lu; Oct 20 and 27. Colorbox Creative Arts Center. 383 Jiangqiang Lu. Samantha@samethatlim.com or 15021229058

Classy Cashmere

Staying fashionable and warm this season has just been made easier with the opening of the second Fine Cashmere store at Kerry Parkside, Pudong. Featuring classic and stylish design with the luxury of cashmere, it's the perfect place to pick up new season autumn fashions for the whole family.

292 Wukang Lu 6417 3835, and Kerry Parkside, L2798, 1078 Huatai Lu. 5018 2730. www.finecashmere.com

Party! Party! Party!

You might be familiar with BebeMama's homemade delivered-to-your-door yogurts and their Crepes cafe. They are now offering a fun and healthy kids party service where you can have the recipe chef serve-ups "healthy choices" birthday spread at your home or the Crepe-cafe. Packages can include cooking display and entertainment.

2003 Haimi Lu near Hongqiao Lub 6269 1701. www.bebemama.com

Spooky Essentials

Halloween's just around the corner, and that means it's time to stock up on scary decorations and freaky costumes. Ruby's Party is offering a 10% discount off all Halloween costumes until October 15. They have also expanded their 2nd floor to make room for their large range of decorations, to get your house looking extra spooky too!

3333 Hongmei Lu 6401 6123. www.rubyparty.com



Be prepared for
Flu Season
Get your imported



for only **¥88***



Shanghai United Family Hospital (SHU) and the UPH Pudong facility stock Agridipal, a Novartis brand, third generation flu vaccine manufactured in Italy. Agridipal is preservative-free and offers excellent safety, tolerability and effectiveness. The 2011-2012 vaccine provides protection against influenza B, influenza A (H1N1) and influenza A (H3N2) viruses.

The flu shot will be available from early October. In addition to regular Monday to Friday patient visits, SHU will be offering special flu vaccine "fast-track" clinics from 8:30am-5:30pm every Saturday starting November 5th until December 17th. The UPH Pudong facility will be offering a flu shot "fast-track" clinic Monday to Sunday from 8:30am-5:30pm.

For on-site group vaccinations for RMB 100 per person (minimum of 30 people), please contact **Lina Wang** for more information at lina.wang@ufh.com.cn.

* Cash and credit card only, no further discounts apply.

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Tel: +86 (21) 5010 9997. UPH Pudong is open 7 days a week, Monday to Sunday, from 8:30am-5:30pm.



United Family Healthcare

